

Dear Parents and Carers,

This is our final newsletter for the term and the end of a very eventful 2022. We would like to wish everyone a Merry Christmas and a Happy New Year. We hope everyone has a lovely holiday and you enjoy your Christmas and come back to school safe and sound.

We have had some very busy weeks in school. The nativity performance from the Infants was brilliant and it was great to see so many parents here supporting this event. The choir has sung at lots of venues around Colne over the last two weeks. Miss Dark and Mr Haworth have taken the children to lots of sporting events. The children have also continued to work very hard in class with all this going on around them. Our Christmas dinner was last Friday and all the children enjoyed their dinner and the kitchen staff did a brilliant job.

We have had some very exciting news that Primet has won the Lancashire Teaching Awards for Innovation. This is for improving the outcomes for all children no matter what barriers they have. Only five or six schools win this award every year and it makes me very proud that Primet is one of those schools. I would like to thank all the parents and staff here at school who want the school to keep on improving to be even better. We have a school where every one wants to learn and be the best they can be.

We shall be welcoming everyone back on Wednesday 4th January 2023 at 8.35am.

Have lovely holiday and Merry Christmas to all.

All the best,



Christopher Holmes

Head teacher



Our visit to the church



Certificate & Award Winners

9th December 2022

Year R: Alfie , Aroldas, Patrick
 Year 1: Hareen, Lucas, Aadam
 Year 2: Mia, Milo, Iris
 Year 3: Freddie, Ibrahim, Oscar
 Year 4: Lilly, Ismaeel, Zinat
 Year 5: Gabriela , Emily, Hyusein,
 Year 6: Mia, Sara, Muhammad Qasim
 Lunchtime award: Lucas, Ismail
 Attendance: KS1 Year 2 KS2 Year 5

16th December 2022

Year R: Abdullah, Alfie
 Year 1: Abdul Qayyum, Zarrah
 Year 2: Eshaal, Leighlan
 Year 3: George, Isla
 Year 4: Lily, Ismaeel
 Year 5: Jacob, Khloe
 Year 6: Hasnain, Charleigh
 Lunchtime award: Zohra, Aliza
 Attendance: KS1 Year 2 KS2 Year 3



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Dates for your Dairy

3rd January—Inset Day
 4th January - Return to school
 21st or 22nd January - Eid
 10th February –Break up for half term

Where can I get Mental Health support over Christmas?

Mind's free and confidential infoline is there to support anyone who needs it
 It is open 9am - 6pm, Monday to Friday
 Call 0300 123 3393 or text 86463
 The infoline will be closed on the 25th & 26th December and the 1st January 2016

Calm run a helpline & webchat to support men who need to talk or find information
 It is open 5pm - midnight, every day
 And will stay open throughout December '17
 Call 0800 58 58 58 nationwide or 0808 802 58 58 from London
 Or visit www.calmzone.net/help/get-help

THE MIX The Mix offers free, confidential support for young people under 25 via online, social and mobile.
 All of The Mix support services will remain open throughout December 2017
 Visit www.themix.org.uk/get-support to find out more

If you need help when these services are not available, call NHS 111 or the Samaritans on 116 123



amh TOP TIPS
for looking after your **MENTAL HEALTH** at Christmas

- Keep Active!** Being active is great for your physical health and fitness, and evidence shows that it can also improve your mental wellbeing.
- Stay in Touch!** Having good friendships is important for your mental health. Connect or reconnect with friends and family this Christmas.
- Watch what you eat!** Nutrition can significantly impact mental health. A healthy balanced diet is good for you physically and mentally. A Healthy Body means a Healthy Mind.
- Take a Break!** Allow time for yourself, even if it's just for 5 minutes - stop and put your feet up or have a cup of tea. Make sure you get enough sleep.
- Ask for Help!** Talk to friends or family or contact:
Samaritans 116 123
Lifeline 0800 800 8000
Crisisline 0800 1111

Danake Bank



Festive Family Warm & Welcome

Drop in to our warm, fun, friendly, Family Zone
 Help yourself to a free brew* and a slice of toast.
 Play, read, and chat with other families

Thursday 29th and Friday 30th December
9.30am - 12.00pm

Colne Neighbourhood Centre (Formerly Surestart)
 Walton Street
 Colne, BB8 0EL

* Please bear in mind the risks of hot drinks around young children

Merry Christmas and a Happy New Year