

PRIMET PRIMARY SCHOOL

Tatton Street, Colne. BB8 8JE
Telephone: 01282 864607
www.primet.lancs.sch.uk



19th April 2022

Dear Parent or Carer,

Year 4 will be attending swimming lessons each week this term. The lessons will take place on Thursday afternoon, starting on 21st April 2022 and will continue until the end of the summer term. There is no charge to parents for these swimming lessons. Children will be transported to and from the swimming pool by bus.

These lessons are part of the school's curriculum; children may not be excused unless they are medically unfit. In general we assume that if children are well enough to attend school they are able to join in all lessons including swimming.

Please make sure that your child has appropriate swim wear and a towel with them each Thursday, in a bag.

Please note the following:

- The children must wear either a swimming costume or swimming trunks for the lesson. (Bikinis and shorts may not be worn)
- Goggles are not allowed unless a **written** request from a parent is made. Please see the attached information regarding the use of goggles. If you wish your child to wear goggles, you must make the request in writing and ensure it is received in school before the first lesson.
- Swimming caps must be worn by all children with long hair. It is also recommended that children with ear grommets wear a cap.
- The children must bring a towel.
- Please ensure your child has an appropriate bag for their swimming kit. Swimwear and towel will be wet after the lesson and therefore cannot be put into book bags. Please ensure all items have your child's name on them.

If you have any queries or require any further information, please do not hesitate to contact school.

Yours faithfully,

Mrs Witts
School Business Manager

Together we care, believe, learn and achieve.

ADVICE TO PARENTS WHOSE CHILDREN WISH TO WEAR GOGGLES **IN A SCHOOL SWIMMING LESSON**

1. Goggles are not needed for everyday swimming.
2. It should be remembered that, in the event of your child being involved in a hazardous water situation, it is extremely unlikely that he/she would be wearing goggles. It is highly desirable, therefore, that your child learns to swim without being dependant on goggles.
3. Goggles may cause injuries, even resulting in blindness, if a child is knocked on the goggles when swimming, or when putting them on and removing them.
4. School swimming lessons last for only 30 minutes.
5. The use of goggles is advisable only when there is excessive reaction to the chemicals in the water, and where the swimmer is involved in lengthy training sessions. In these cases, goggles may reduce the effect of contact of the eyes with the water.
6. If goggles are used, they should not be made of glass or breakable plastic. It is recommended that such goggles be purchased from a recognised sports equipment retailer or from local leisure centres.
7. Children are expected to keep their goggles on their eyes during the period of the lesson.
8. Your child will need to be taught how to put on and remove the goggles, and how to empty water out safely:-

"The goggles must be held firmly with both hands, each gripping the outside corner where the straps are attached. The goggles must then be pushed upwards – and NEVER pulled out away from the face."

9. If you wish your child to wear goggles in the school swimming lessons, please fill in the form below. Please note that you will need to supply the goggles.

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I, as PARENT/GUARDIAN of(BLOCK LETTERS PLEASE)

acknowledge that I have received and read the notes of advice to parents whose children wish to wear goggles in a school swimming lesson.

I confirm I give permission for my child to wear goggles in school swimming lessons.

Signed Date

Name of Parent/Guardian