

PRIMET PRIMARY SCHOOL

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Thursday 10th June 2021

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at Primet Primary School

Advice for Child to Self-Isolate for 10 Days

Dear parent or carer,

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) at Primet Primary School.

We have followed the national guidance and have identified that your child in Year 4 has been in close contact with the affected child. In line with the national guidance your child must stay at home and self-isolate until Monday 21st June 2021.

Online learning will be live on our website from Monday 14th June 2021 for Y4 pupils. This will include resources and videos to support the pupils learning and can be found at [primet.lancs.sch.uk/our-learning/class-curriculum/Year 4 /Home learning](http://primet.lancs.sch.uk/our-learning/class-curriculum/Year-4/Home-learning). The resources should be accessible on computers, ipads, tablets and mobile phones. Your child has an exercise book to complete the work in. If you have any queries regarding your child's learning, please contact Miss Patel by emailing: MrHaworth@primet.lancs.sch.uk. Please take a photograph of work completed by your child and forward it by email to either member of staff for marking and feedback.

Children eligible for free school meals who were in school today have been provided with a packed lunch. Tomorrow we will make a delivery that will provide free school meals for one week. The following week a packed lunch will be delivered until the return to school on the Monday.

We will keep in contact with all the families with self-isolating children and please do not hesitate to contact school if you need any help or support or have any queries. We will be providing support and also signposting families to wellbeing support and resources.

Children in other classes that are not in self isolation must still come to school as normal as their bubbles have not been affected. Please note the medical advice in this letter if you have any concerns regarding medical issues.

If your child is well at the end of the period of self-isolation, then they can return to usual activities on Monday 21st June 2021.

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

I would like to thank all our parents for your continued support and the speed of which you all arrived at school to collect your children today. We are always available to speak to at school and we are happy to discuss any future concerns.

Yours sincerely



Christopher Holmes
Headteacher

Please see the DFE advice below and contact school with any concerns and questions.

What to do if your child develops symptoms of coronavirus (COVID 19)

Having been identified as a close contact, if your child then develops symptoms of coronavirus (COVID-19), they should remain at home for at least 10 days from the date when their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). Anyone with symptoms will be eligible for a PCR

test - this is the type of test that is normally available and can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms or have not tested positive using a Lateral Flow Device should not request a PCR test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10-day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.

Household members should not go to work, school or public areas, and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

For more information, please read PHE's 'Stay at Home' guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>