

# Happiness Is... Poem

Think about all the things that make you feel happy. We are all different, so we'll all have different ideas about what happiness means to us.

Create a list poem using the lines below. You can then add illustrations around your poem.

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

Happiness is \_\_\_\_\_

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).